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### **Treating Cracked Heels**

For mild symptoms, start with Roselan Balm. If the problem persists, consult a specialized pedicurist.

2

### **Hydrate Well**

After showering and every night before bed, apply a generous amount of Dermoleen Cream to your feet.

3

### **Exfoliate**

Exfoliating once a week helps remove hard and dead skin cells.

4

### **Hydration**

Don't forget to hydrate yourself. Make sure you drink enough water..

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### **Wear cotton socks.**

They allow your feet to breathe better.